



## District 9815

RI President: Stephanie Urchick

District Governor: Colin Byron

Community Leader: Wil Cornelissen

### ROTARY CLUB OF FRANKSTON NORTH. INC

Chartered 7 May 1973

Web: [www.rotaryfrankstonnorth.org/](http://www.rotaryfrankstonnorth.org/)

President: Con Demopoulos

President Elect: Linda Tinney

Past President: Maree Hutchins

Secretary: David Hanlon

Treasurer: Geoff Magor

#### Club Meetings:

Kingfisher Hall at Lyrebird Community  
Centre, Carrum Downs

First and third Wednesday of Month

6.30pm for 7.00pm or by Zoom

#### Club Contact

Secretary David Hanlon  
Mob: 0414 996 798



**ROTARY HO!**  
The Official Bulletin of Frankston North Rotary



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Meeting Date: 17/7/2024

# Weekly Newsletter

RI President Stephanie A. Urchick wants us to:

### **Make Rotary simply irresistible**

Keeping members engaged and connected is essential for Rotary's future — and it begins with our clubs.

But great clubs don't happen by chance. I encourage each of you to talk with your club leaders about what you want from your experience and then collaborate to create a welcoming, engaging environment for everyone. I also invite your club to conduct a member satisfaction survey. By understanding more about your fellow club members, you can discover new opportunities to help your club grow.

As members of Rotary, we also receive many benefits that enhance our experience beyond our club. From tools that strengthen service projects to professional development courses and mentorship opportunities, there are a lot of reasons to be a member.

### **President's Con's Message:**

At our first meeting of the new Rotary year all members were asked to come forward with ideas on speakers and social functions. Please ensure that you send these through to me or the secretary before our next business meeting on the 7th August.

## Announcements:

Secretary David sought agreement from the members to book the Xmas function at Sandhurst Club on 18<sup>th</sup> Dec. This will be reserved under Eric Neill's name to obtain a discount under his shareholder membership. To make this a successful night we need all members and friends etc to ***save the date and attend***.

Treasurer Geoff confirmed that the Bunnings BBQ netted approximately \$2,100.00. Emails have been sent to our Friends of Rotary, Tom Strickland and Pricilla Duffus thanking them for their help on the day. We would not have been able to undertake the event without their help.

Youth Director Judi McKee reported that the two students nominated by the Club to Model United Nations Assembly (MUNA) are completing their online assimilation in readiness for the event on Saturday 17<sup>th</sup> August 2024. It would be much appreciated by the students if we had some member support on the day. Please contact Judi if you can attend.

President Con invited Ross Shephard to report on the Banksia project. He mentioned that the Council have provided free tip tickets so that green waste from the site could be cleared. The trees are growing well, and he will be looking to plant more in the coming months.

We have been requested by Michael Ellinger "Highlights" Editor for D9815 for news on projects, events etc and this will be reported in a newsletter each month.

Guest speakers tonight were retired police veterans Bernie Rankin APM and Cameron Duncan. Both spoke of their careers and the important and challenging work they did throughout their respective careers. Attending fatalities, horrendous crime scenes. Despite some horrific incidents both said they loved their career and would do it all over again.

Bernie Rankin is now working with Police Veterans Victoria to support police members who are struggling with PTSD or other work-related mental health issues.

Cameron Duncan a retired police veteran who suffers from PTSD and is going to walk the Kokoda Trek with 8 other retired police officers. The aim is to raise awareness and much needed funds to keep this organisation going. Cameron sees this adventure a way to stay physically and mentally well.

### Important statistics:

- General public may suffer 4-6 traumatic events in their lifetime
- A police officer experiences 600-700 traumatic events in their career (average career span 17years)
- 20% of police veterans will suffer a degree of PTSD
- 1% of the general population will suffer PTSD

Please support this organisation as it is run by Volunteers who through their dedication support members who are finding things difficult. If anyone would like to sponsor Cameron on the trek, please consider making a tax-deductible donation here:

<https://thepvkokodatrek.raiselysite.com/cameron-duncan>

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<b>Apologies:</b>	Maree Hutchins
<b>Leave of Absence:</b>	Keith Hopkins 20 June to 8 August Eric Neill 10 July to 8 August Tony Spring 20 June to 28 August
<b>Guests:</b>	Ross Shephard
<b>Zoomers:</b>	Russell Cock, Ian McConnell, Eric Neill and Colin Price.

<b>MILESTONES:</b>	
<b>Birthdays:</b>	Nil
<b>Rotary Anniversaries:</b>	Nil
<b>Wedding Anniversaries:</b>	Keith and Mary Hopkins 19/7/1975 Charles and Linda Mallia 26/7/1987

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## Save the Date

Wed 24 July	Board Meeting
Wed 7 <sup>th</sup> August	Business Meeting
Wed 18 <sup>th</sup> December	Club Xmas Breakup Function at Sandhurst Club

## Rosters:

<b>Cashier</b>	<b>Setup</b>	<b>Cleanup</b>
<b>7 August</b> Geoff Magor	<b>7 August</b> David Louden, Mike Goonan and John Tame	All members

## Abbeyfield Roster:

Twice monthly on Wednesday mornings, starting at 9:20am. min 2, max 4 volunteers

<b>July 24th</b>	<b>August 7th</b>
David Shimshon	TBA
Ron Cook	
Simon Gillham	

**Next Meeting: 7<sup>th</sup> August 2024 – Business Meeting**